

# Adams-Harris Pattern Company

Christmas 2015

Designed and fitted for designed and fitted on Ghastly 18.5

## Yardage and Notions:

Yardage: 1/3-yard fashion fabric such as polyester dress weight fabric with body, cotton twill, cotton calico, lightweight wool suiting, seersucker, chambray and shirt weight denim.

Notions: 4 mini snap sets  
6, 4-6mm buttons or beads optional  
Single fold bias to match dress, about 12 inches long

## General Cutting and Marking Directions

1. I highly recommend you take the time to glue or trace your pattern pieces on to card stock.
2. Lay out all pieces following the grainlines on the pattern. Trace pattern on to the fabric and cut the number of pieces indicated. Check pattern before cutting to see if you will need to paste large pieces together first.
3. All seam allowances are 1/4 inch in less otherwise indicated in the sewing directions. Cut notches no deeper than 1/8 inch or mark with chalk. It is not recommended to cut notches on knits.
4. All garment pieces are sewn with the right sides together in less otherwise noted.
5. When interfacing, use fusible and press to fabric before cutting out pattern.
6. With smaller patterns I do not recommend serging seams as this creates bulk. I use a fray-checking product as needed. If you are serging use a smaller width on your machine, I use 2mm. You will have to determine if you want to serge/zigzag or not.
7. As with all sewing projects, you will get better results if you press as you go, fit as you go and tie-off your thread ends rather than back stitching.
8. When talking about left and right, it always means the left or right as the garment is worn.

## Sewing Terms:

There are many sewing terms used in the fashion industry. Some differ by region. I will be using the following when writing directions:

Crimp: This is a technique for easing fabric into a seam. The larger piece is run through the sewing machine with no thread, while you keep your finger firmly behind the presser foot. This forms small crimps in the fabric making it easier to ease into a smaller space.

Bust: this means to press the seam allowance open.

Understitch: this means to sew the seam allowance to one side of the seam, usually done on neck facings and collars, but can be used at waistlines and with insertion lace.

Edgestitch: this means to stitch close to the edge or seam.

Edge Finish: means to serge or zigzag the raw edges.

## Garment one:

1. Cut one of the folded edges off the single fold bias tape.
2. Match the bias to the right side of the sleeve cut edge of the bias to cut edge of the sleeve bottom. Sew in place. Trim seam allowance down to 1/8-inch. Press bias to wrong side of sleeve shaping the bias and press it in place.
3. Join the waist seam on the side front with right sides together. Bust seam.
4. Fold the front darts and pin matching the dot marks with right sides together.
5. Sew darts and then clip open into the points as far as you can. Bust seams.
6. With right sides together sew back darts in back bodice and back skirt. Clip open seams and bust them or press them to the center.
7. Join the back bodice to the dress front at the shoulders with the right sides together. Bust the shoulder seams.
8. Pin the sleeves into the armholes with the right sides together and hand-baste in place. Then machine stitch. Trim seam allowance down to 1/8-inch and press toward sleeve.
9. Join all-in-one back neck facing to front facing at the shoulders and bust seams.
10. Match the front facing to the front of the bodice, and then match the shoulder seams. Sew from the center back around the neck line to the first dot mark then pivot and sew to the center front dot mark. Turn your stitch length down to tiny about 1/4-inch before and after the center front dot mark. Pivot on the center front mark and sew to the next mark then pivot again and finish sewing around the neck to the center back. This isn't easy to do evenly making both sides the same so you may want to draw your line in some chalk or air erase pen as I did.
11. Clip the seam allowance to the dot marks and trim down the front seam allowance to 1/8-inch. Clip around the curves in the back neckline and trim off the corners. Turn right side out and press. Using a bamboo or plastic pressing aide helps get a smooth curve on the front.
12. Sew the back skirts to the back bodices at the waistline and then bust the seams.
13. Join the back skirts at the dot mark on the end of the placket. Clip the left placket to the dot mark. Bust the seam and press the placket into place.
14. Join the side seams from the sleeve bias to the hem, matching waistline seams, and armhole seams. Bust the seams.
15. Hand-sew the bias hems in place, catching one thread on the sleeve as you work. Keep stitches tiny so you dolls fingers don't rip out the hem later.
16. Hand-sew skirt hem, mine was 5/8-inch which I pressed in place before I hemmed it.
17. Sew the 4 snap set to the back placket with one at the neckline, one at the waist, one set in between those two and the last set in between the waist and the bottom of the placket opening.
18. Sew the buttons to the front of the dress with the first set at the waistline, and then space the top and bottom sets an equal distance from the waist buttons. I would have put them on the pattern but they got in the way of the dot marks for the darts.