

Adams-Harris Pattern Company

Nighty Nite

Designed and fitted for Chrysalis Lark

Yardage and Notions:

Yardage: Top and Bottom less than ¼-yard of fabric. I used a cotton calico.

Notions: 2 mini snap sets
12-inches of 1/8-inch satin ribbon
1 purchased embroidered applique about 1-inch long and 3/8's inch tall
1-yard of ¼ or 3/8-inch Cluny type lace edging
12-inches each, 3/8-inch elastic and 1/8-inch elastic

General Cutting and Marking Directions

1. Lay out all pieces following the grainlines on the pattern. Trace pattern on to the fabric and cut the number of pieces indicated. Check pattern before cutting to see if you will need to paste large pieces together first.
2. All seam allowances are ¼ inch in less otherwise indicated in the sewing directions. Cut notches no deeper than 1/8 inch or mark with chalk.
3. All garment pieces are sewn with the right sides together in less otherwise noted.
4. When interfacing, use fusible and press to fabric before cutting out pattern.
5. With smaller patterns I do not recommend serging seams as this creates bulk. I use a fray-checking product as needed. If you are serging use a smaller width on your machine, I use 2mm. You will have to determine if you want to serge/zigzag or not.
6. As with all sewing projects, you will get better results if you press as you go, fit as you go and tie-off your thread ends rather than back stitching.
7. When talking about left and right, it always means the left or right as the garment is worn.

Sewing Terms:

There are many sewing terms used in the fashion industry. Some differ by region. I will be using the following when writing directions:

Crimp: This is a technique for easing fabric into a seam. The larger piece is run through the sewing machine with no thread, while you keep your finger firmly behind the presser foot. This forms small crimps in the fabric making it easier to ease into a smaller space.

Bust: this means to press the seam allowance open.

Understitch: this means to sew the seam allowance to one side of the seam, usually done on neck facings and collars, but can be used at waistlines and with insertion lace.

Edgestitch: this means to stitch close to the edge or seam.

Edge Finish: means to serge or zigzag the raw edges.

Babydoll Top:

1. Join bodice side seams with right sides together and bust.
2. Repeat for the bodice lining.
3. Press strap with the seam allowances toward the wrong side of the fabric, and then press the strap in half, so the seam allowance is enclosed in the strap.
4. You can then topstitch your lace edging to the strap along the folded edges. Cut the strap into two pieces of equal length.
5. Match the bodice and bodice lining pieces with right sides together and starting at the center back, join them going along the center back, then the top back and around the armhole and stop. Repeat for the other side.
6. Slide your straps into the bodice with the lace edge up against the armhole seam. Pin if needed and then sew across the top front catching the straps as you do. Note that the straps will be hanging out of the bodice bottom.
7. Clip corners and trim armhole seam allowance down to 1/8-inch. Turn the bodice right side out and press.
8. Edgestitch along the whole bodice starting and ending at the center back.
9. Edge-finish the bottom and center back of the babydoll's skirt.
10. Press up a 1/2-inch hem while the fabric is flat.
11. Sew a long running machine stitch along the top of the skirt, being sure to leave long thread tails.
12. Join the skirt at the center back with the right sides together from the dot mark to the hem.
13. Fold up bottom hem and topstitch in place.
14. Edgestitch the lace edging to the bottom of the skirt overlapping slightly at the center back.
15. Pull the thread tails and with the skirt inside out and match the skirt to the bodice using side seam and center front notches. At the center back sandwich the bodice between the skirt and the skirt placket. Pin or baste as needed and then machine stitch into place. Edge-finish seam.
16. Clip the seam allowance at the edge of the center back placket so you can press the seam allowance up toward the bodice.
17. Edgestitch the bodice along the bottom of the waistline catching the seam allowance as you go.
18. Sew the snap sets to the center back of the bodice, with one at the top and one above the waistline.
19. Put the top on your doll and mark for strap placement. You could add snaps here, but I just edgestitch the straps in place to the back bodice and trimmed off the excess strap.
20. Tie a bow with the satin ribbon and sew or glue to the center front bodice at the waistline.
21. Sew or glue your applique to the center front bodice.

Bloomer:

1. Edge-finish the bottom of each bloomer leg and then press up the hem (1/2-inch)
2. Edgestitch the lace to the folded edge of each leg.
3. From the inside, sew your 1/8-inch elastic to each leg just under the edge-finish on each hem. Pull the elastic as far as you can while sewing for the correct gather.

4. Join the center front with the right sides together , and then edge-finish the seam allowance.
5. Edge-finish the top or waist edge of the bloomer.
6. Zigzag the wider elastic to the waistline pulling as you go.
7. Trim off excess elastic.
8. Join the center back of the bloomer with right sides together and then edge-finish the seam allowance.
9. Fold over the elastic at the waistline to it is on the inside of the bloomer and then topstitch the elastic stretching as you go. I use a larger stitch here so I don't remove all my stretch.
10. With the right sides together join the bloomer at the inseams, being sure to match the crotch seams and hems. Edge-finish inseam.